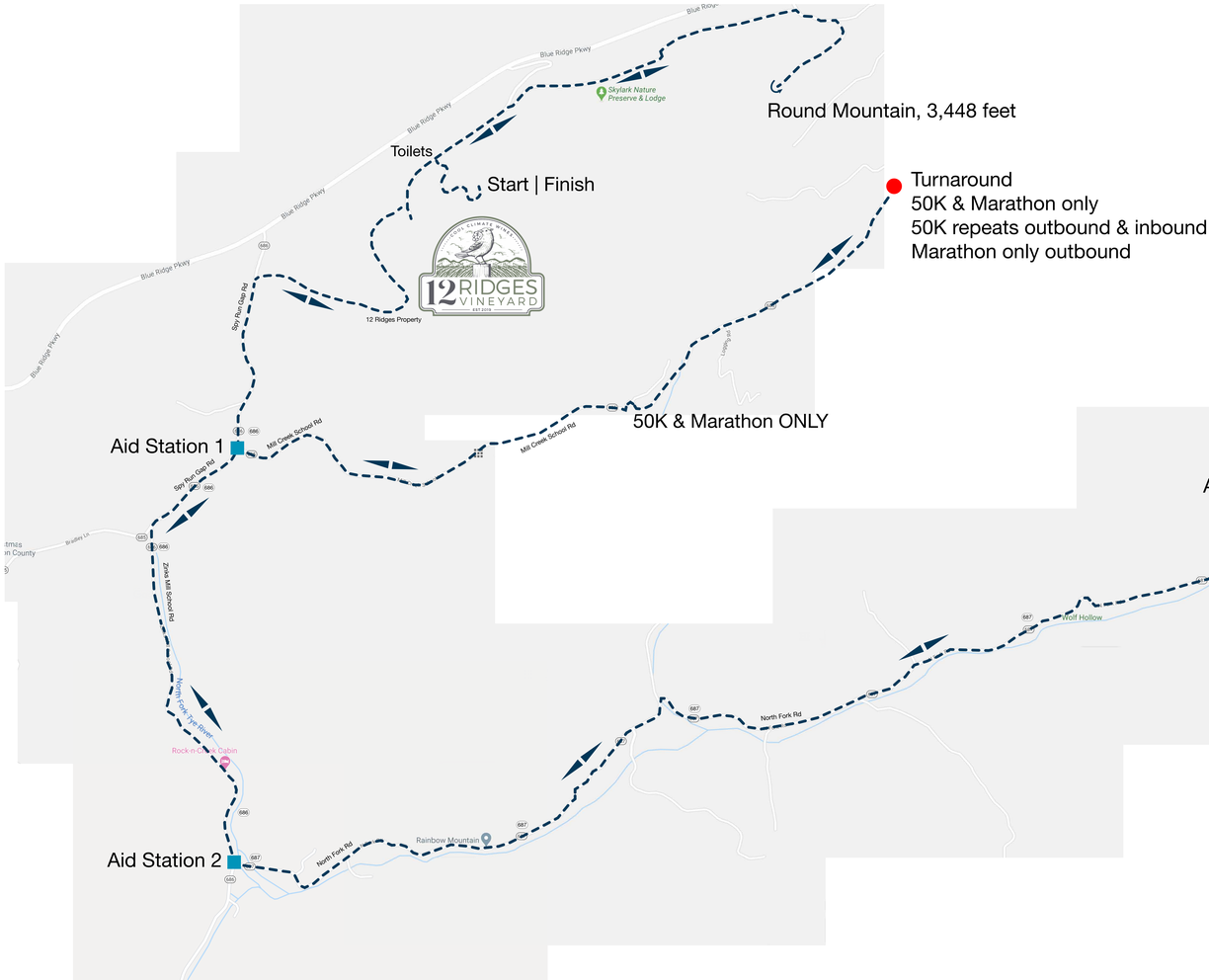
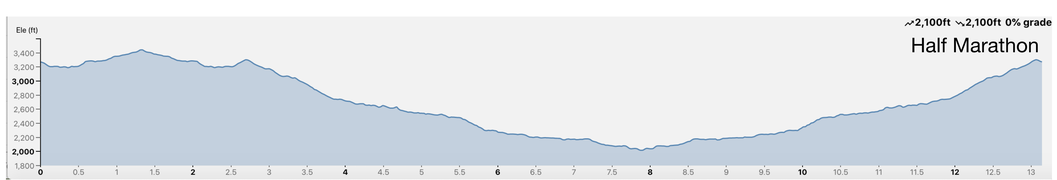
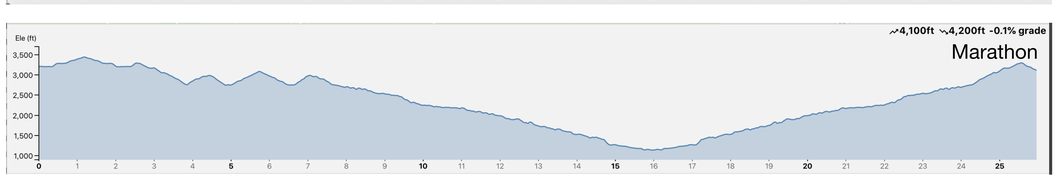
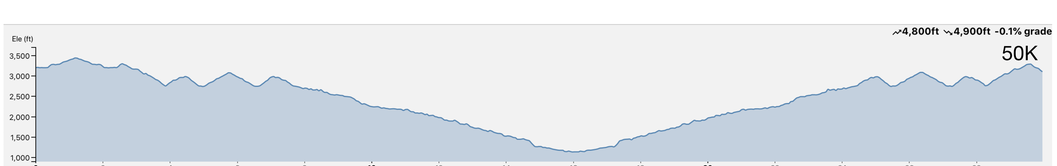
MONTE VINO RACES

BAD TO THE BONE SPORTS
WWW.BADTOTHEBONE.BIZ



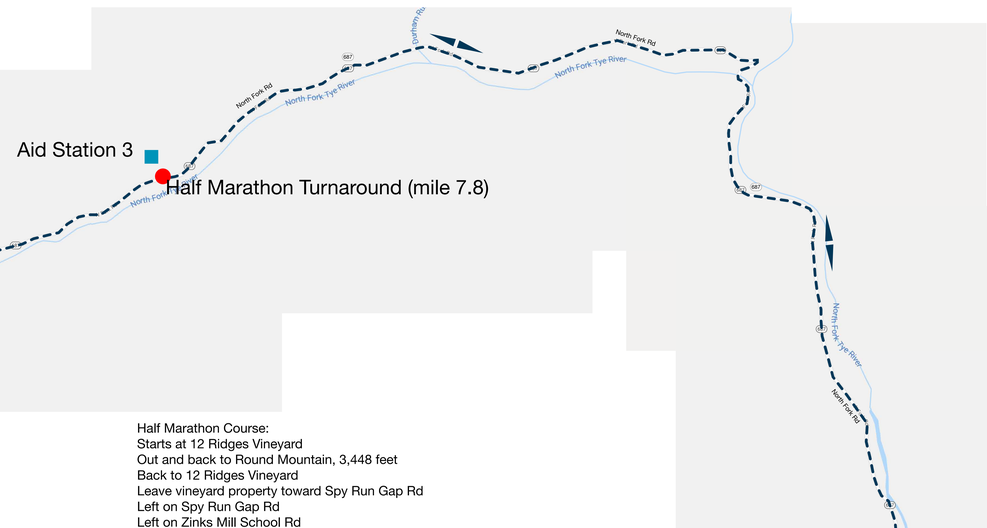


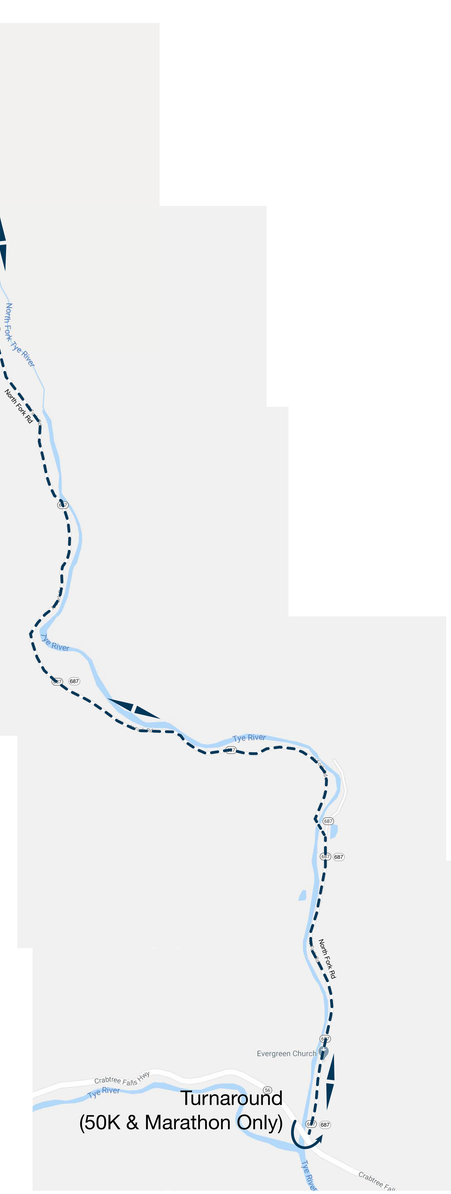




Course Rules

This is an open course and traffic will be present on the roads
Always run SINGLE FILE
Always run FACING TRAFFIC
Aid stations are CUPLESS: you must carry a bottle or cup





Half Marathon Course:
Starts at 12 Ridges Vineyard
Out and back to Round Mountain, 3,448 feet
Back to 12 Ridges Vineyard
Leave vineyard property toward Spy Run Gap Rd
Left on Spy Run Gap Rd
Left on Zinks Mill School Rd
Left on North Fork Rd
Turn around at mile 7.8
Return to 12 Ridges Vineyard and the finish
The course is grassy paths through 12 Ridges property
and mountain gravel roads. It has about 2,100 feet of gain
Aid stations at miles 3.8, 4.9, 7.8, 11.2, 12.3

Marathon Course:
Starts at 12 Ridges Vineyard
Out and back to Round Mountain, 3,448 feet
Back to 12 Ridges Vineyard
Leave vineyard property toward Spy Run Gap Rd
Left on Spy Run Gap Rd
Left on Mill Creek School Road
Turnaround at the end of Mill Creek School Road
Left on Spy Run Gap Road
Left on Zinks Mill School Rd
Left on North Fork Rd
To end of North Fork Rd, junction with Hwy 56
Turn around at the end of North Fork Rd
Return to 12 Ridges Vineyard and the finish
The course is grassy paths through 12 Ridges property
and mountain gravel roads. It has about 4,000 feet of gain
Aid Stations at miles 3.8, 7.6, 9, 11.8, 20.8, 23.6, 24.3

50K Course:
Starts at 12 Ridges Vineyard
Out and back to Round Mountain, 3,448 feet
Back to 12 Ridges Vineyard
Leave vineyard property toward Spy Run Gap Rd
Left on Spy Run Gap Rd
Left on Mill Creek School Road
Turnaround at the end of Mill Creek School Road
Left on Spy Run Gap Road
Left on Zinks Mill School Rd
Left on North Fork Rd
To end of North Fork Rd, junction with Hwy 56
Turnaround at the end of North Fork Rd
Return to the intersection of Spy Run Gap Rd and Mill Creek School Road
Repeat out and back to the end of Mill Creek School Lane
Return to 12 Ridges Vineyard and the finish
The course is grassy paths through 12 Ridges property
and mountain gravel roads. It has about 4,800 feet of gain
Aid Stations at miles 3.8, 7.6, 9, 11.8, 20.8, 23.6, 24.3, 27.9