

Bel Monte Endurance Run

25K 50 MILER 50K

MARCH 27th, 2010

The Bel Monte Endurance Run takes place in the George Washington National Forest. The course some of the most scenic portions of this area, with over 90% single track trail and 10% fire and gravel roads. It includes about 8000 feet of ascent and descent for the 50 miler following creeks and waterfalls.

CHARLOTTESVILLE
RUNNING COMPANY



BAD TO THE
BONE



VASQUE
PROJECT

POWERED BY BOG LACING SYSTEM

TO SIGN UP ONLINE, MORE INFO AND RACE DETAILS:

rungillrun@comcast.net www.badtothebone.biz 434.293.7115

Bring or mail to: Bad to the Bone LLC 110 Old Preston Ave Charlottesville, VA 22902

REGISTRATION

FIRST NAME

LAST NAME

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL- Required for event updates

EMERGENCY CONTACT

 S M L XL

T-SHIRT SIZE

 / /

DATE OF BIRTH

AGE

SEX

50M

50K

25K

RACE FEES

	UNTIL MARCH 1ST	THEREAFTER
50M	\$95	\$110
50 K	\$85	\$100
25K	\$70	\$85

PLEASE MAKE CHECKS PAYABLE
AND MAIL TO:

BAD TO THE BONE
110 OLD PRESTON AVE
CHARLOTTESVILLE, VA 22902

SIGN WAIVER BELOW!

Waiver: In consideration of your accepting this entry, I (below signed), intending to be legally bound to myself, my heirs, executors, administrators, and assigns wave and release all rights and claims for damages I may have against the Bel Monte Endurance Run, Bad to the Bone LLC, Charlottesville Running Company, the Charlottesville Trail Running Club, the officials, sponsors, directors, officers, employees, agents and volunteers of the Bel Monte Endurance Run, and/or the Bel Monte Endurance Run committee, their heirs, representatives, successors and assigns, for any and all injuries physical or otherwise suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been recently verified by a licensed medical doctor. Further, I hereby grant full permission to use photographs, videotapes, motion pictures, and records of me, or any other record of this event, for any legitimate purpose. This entry is invalid unless signed by entrant. If entrant is under 18 years of age, a parent or guardian must sign entry. The race committee reserves the right to reject any entry.

Signature (Parent or Guardian if under the age of 18)

Date